

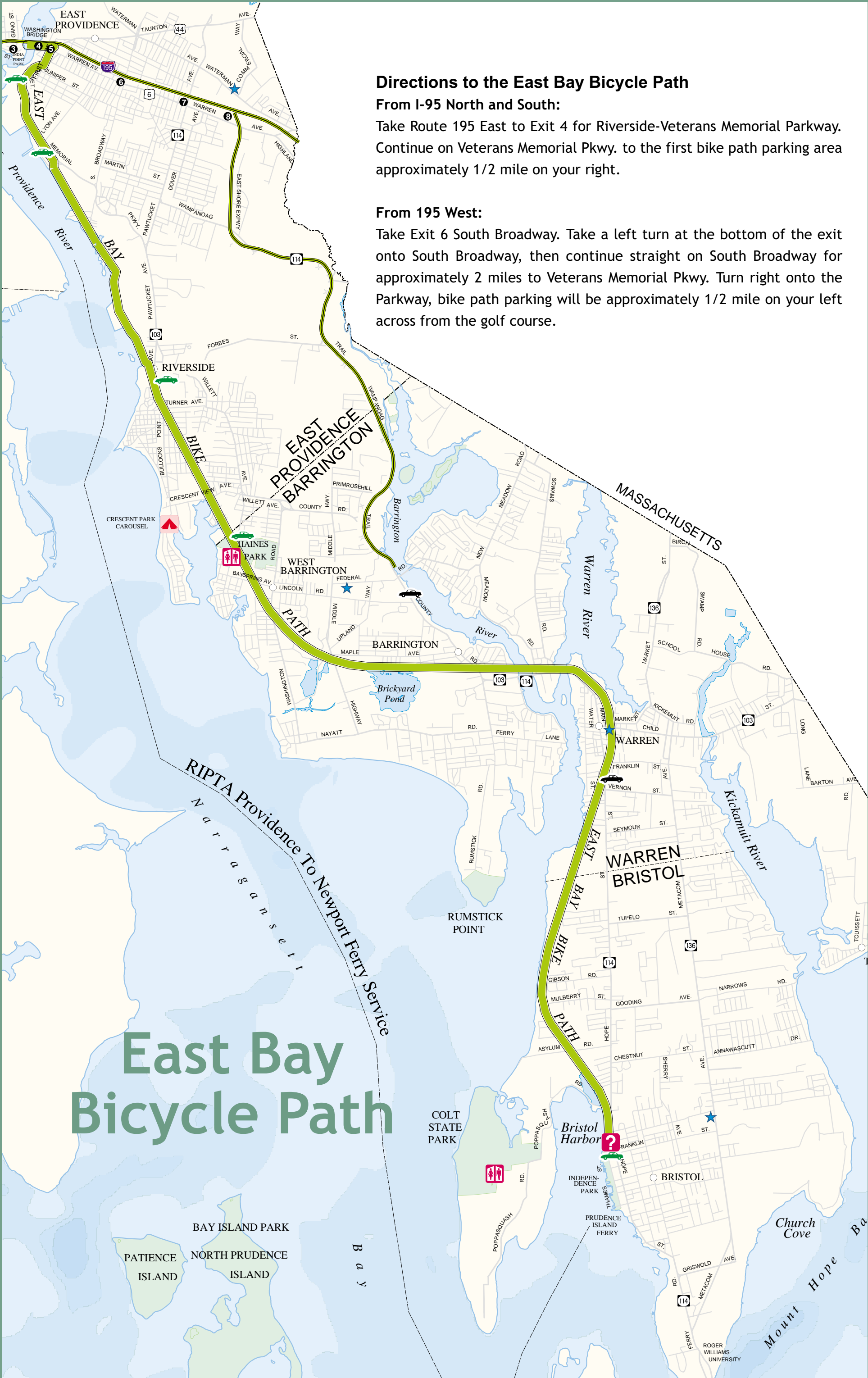
Bike Rhode Island Directory

AMTRAK 1-800-872-7245
Website www.amtrak.com
BikeRI website www.dot.state.ri.us/WebTran/bikeri.html
Block Island Ferry Service Information 401-783-4613
Website www.blockislandferry.com
Commute by Bike www.bikedowntown.org
Challenge Cycling - Handcycling information, handcycles availability for children and adults:
www.challengecycling.org/
EMERGENCY (POLICE, FIRE, RESCUE) 911
Greenway Alliance of RI www.rigreenways.org/
Massachusetts Bay Transportation Authority Commuter Rail 1-800-392-6100
Website <http://www.mbtta.com>
Narragansett Bay Wheelmen Website www.nbwclub.org/
R.I. Department of Environmental Management:
Division of Parks and Recreation 401-222-2632
Website www.riparks.com/
R.I. Department of Health www.health.state.ri.us
R.I. Public Transit Authority: 401-781-9400
..... or 1-800-244-0444
Website www.ripta.com/

R.I. Tourist Information: 401-222-2601
Website visitrhodeisland.com/
R.I. Department of Transportation:
Bicycle Program Coordinator
..... email schurche@dot.state.ri.us

Crossing Rhode Island's major bridges by bicycle

Mt. Hope Bridge: Experienced riders should use EXTREME CAUTION if cycling on the Mt. Hope Bridge, connecting Bristol and Portsmouth. Jamestown/Verrazano Bridge: Bicycles currently cannot access this bridge as they are not permitted on limited access highways (Route 138 in this area is a limited access highway). Pell (Newport) Bridge: Bicycles not permitted. Sakonnet River Bridge (Rte. 24): Bicycles not permitted. IMPORTANT!!: Contact RIPTA for bus schedule information if you are traveling by bicycle from North Kingstown or Jamestown to Newport and enjoy the convenience of RIPTA's Rack n' Ride Service. Also, bicycles are permitted on the RIPTA Providence to Newport Ferry service!



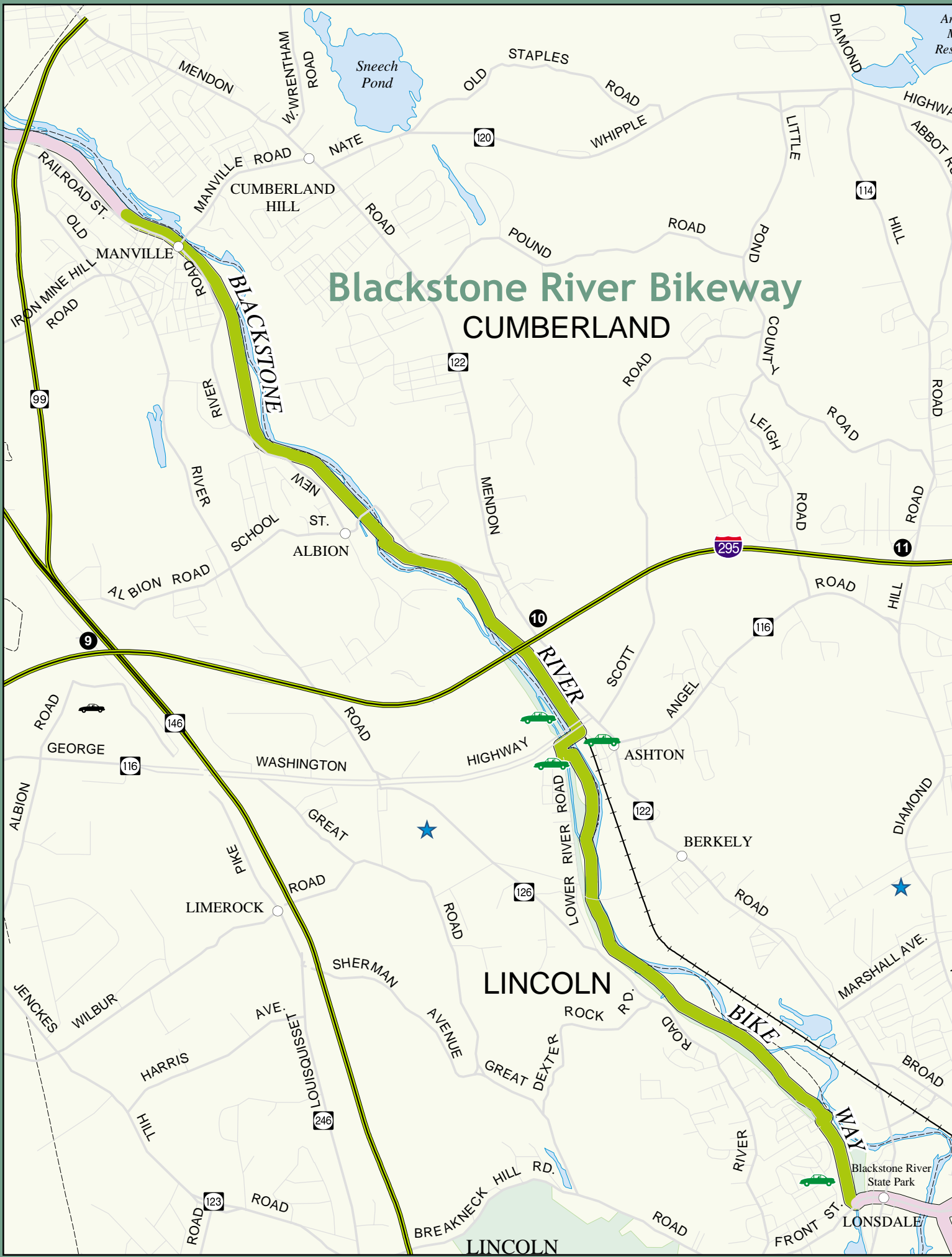
Directions to the East Bay Bicycle Path

From I-95 North and South:

Take Route 195 East to Exit 4 for Riverside-Veterans Memorial Parkway. Continue on Veterans Memorial Pkwy. to the first bike path parking area approximately 1/2 mile on your right.

From 195 West:

Take Exit 6 South Broadway. Take a left turn at the bottom of the exit onto South Broadway, then continue straight on South Broadway for approximately 2 miles to Veterans Memorial Pkwy. Turn right onto the Parkway, bike path parking will be approximately 1/2 mile on your left across from the golf course.



Blackstone River Bikeway



Washington Secondary Bike Path

Parking

- Hugh B. Bain Middle School, Ganett Ave., Cranston
- Oaklawn Village, Exchange St. and Wilbur Ave., Cranston
- West Natick Rd. (under I-295), Warwick
- Riverpoint, Providence St. and Hay St., West Warwick

Blackstone River Bikeway (left)

Parking

- Blackstone River State Park on Front Street (Route 123).
Directions - Rte. 146 to Rte. 123 EB (Breakneck Hill Rd.).
- George Washington Highway (Route 116).
Directions - Rte. 146 to Rte. 116 EB (George Washington Highway).

Rules for Bike Paths



Ride Smart

Ride according to conditions: traffic, pathway, weather, bicycle and fitness. Use caution on hills, under/over bridges, bends, and when pathway is busy.



Ride Right/Walkers Keep Left

Cyclists: keep right except when passing or turning left. Sound your bell or call out a warning early, then pass safely on the left. Pedestrians: walk on left facing bicyclists.



Be Visible

At night wear light-toned clothing with reflective tape material. Outfit your bicycle with lights and reflectors.



In-Line Skating Rules

Skate to the right of the path or solid line. Ensure your stride does not cross the center of the pathway. In-line skaters are not allowed to skate within Colt State Park.



Control Your Pet

On shared-use paths dogs must be on a leash no longer than 6 feet.

Symbols used - Guide to Cycling in the Ocean State

Bike Path

Most Suitable Roads

Suitable Roads

RIPTA Park and Ride

Train Station

Bike Path Under Construction

Suitable Roads

Information Center

Restroom

Hospital

Bike Path Future Construction

Multilane Highways

Police Station

State Police

Ferry Service Location

Carousel

ROADWAY CLASSIFICATIONS FOR BICYCLE TRAVEL

Bike Paths

Most Suitable Roads

Suitable Roads

Chevrons

Bike Paths are shared-use paths accessible to adults and children with disabilities.

'Share the road' - on these roads, bicyclists will generally find adequate shoulders.

'Share the road' - on these roads, bicyclists will find less adequate or no shoulders.

Denotes very steep grade

Denotes steep grade (Arrows point up-hill)

YOUR INTERMODAL CONNECTION

For bus route and schedule information call the Rhode Island Public Transit Authority (RIPTA) at 1-800-244-0444. RIPTA's Rack n' Ride Program has bicycle racks attached to the front of the bus. Loading and unloading bikes on the rack is easy and there is no extra cost for bringing your bike.

Share the Road



Obey Traffic Signs and Signals

Bicycles must obey all the Rules of the Road. Cyclists have the same privileges and duties as other vehicles.



Use Hand Signals

Signal all turns and stops ahead of time, shoulder check, then make your intended move only when it is safe to do so.



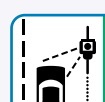
Share the Road

These signs are located in areas where roadways narrow and bicyclists are riding in the travel lane.



Make Eye Contact

Establish eye contact with motorists to ensure that they know you are on the roadway.



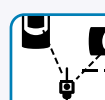
Scan the Road Behind

Shoulder check regularly and use a mirror to monitor traffic.



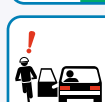
Use Appropriate Lane

Avoid being in a right turn-only lane if you plan to proceed straight through. Move into the straight-through lane early.



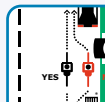
Be Careful at Intersections

Watch for turning vehicles



Beware of Car Doors

Be wary of parked cars. Motorists can unexpectedly open doors. Be particularly careful if you see a motorist in the car. Ride a car's door width away.



Ride in a Straight Line

Avoid dodging between parked cars. Ride in a straight line at least three feet from the curb to allow room to move around road hazards. Watch for cars entering from driveways.



Use Lights at Night

Always use a strong white headlight and red taillight at night or when visibility is poor. Use bike reflectors and reflective clothing. See and be seen!

Rhode Island Bicycle Related Laws

The following are excerpts from Rhode Island's General Laws and Provisions that relate to bicycle use.



31-1-3. Types of vehicles. (l) Bicycle Every vehicle propelled exclusively by human power upon which any person may ride, having two (2) tandem wheels EXCEPT scooters and similar devices.



31-19-2.1 Helmets required on bicycle operators and passengers ages fifteen (15) and younger. Any person fifteen (15) years of age or younger who is operating or who is a passenger on a bicycle on a public highway, bicycle path, or on any other public right-of-way shall wear a helmet.



31-19-6. Bicycles to the right of the road. Every person operating a bicycle upon a roadway shall ride as near to the right side of the roadway as practicable, exercising due care when passing a standing vehicle or one proceeding in the same direction.



31-19-3. Application of traffic laws. All traffic laws and rules of the road apply to bicycles as they do to all vehicles.



31-19-7. Number of bicycles abreast. Persons riding bicycles upon a roadway shall not ride more than two (2) abreast except on paths or parts of roadways set aside for the exclusive use of bicycles.

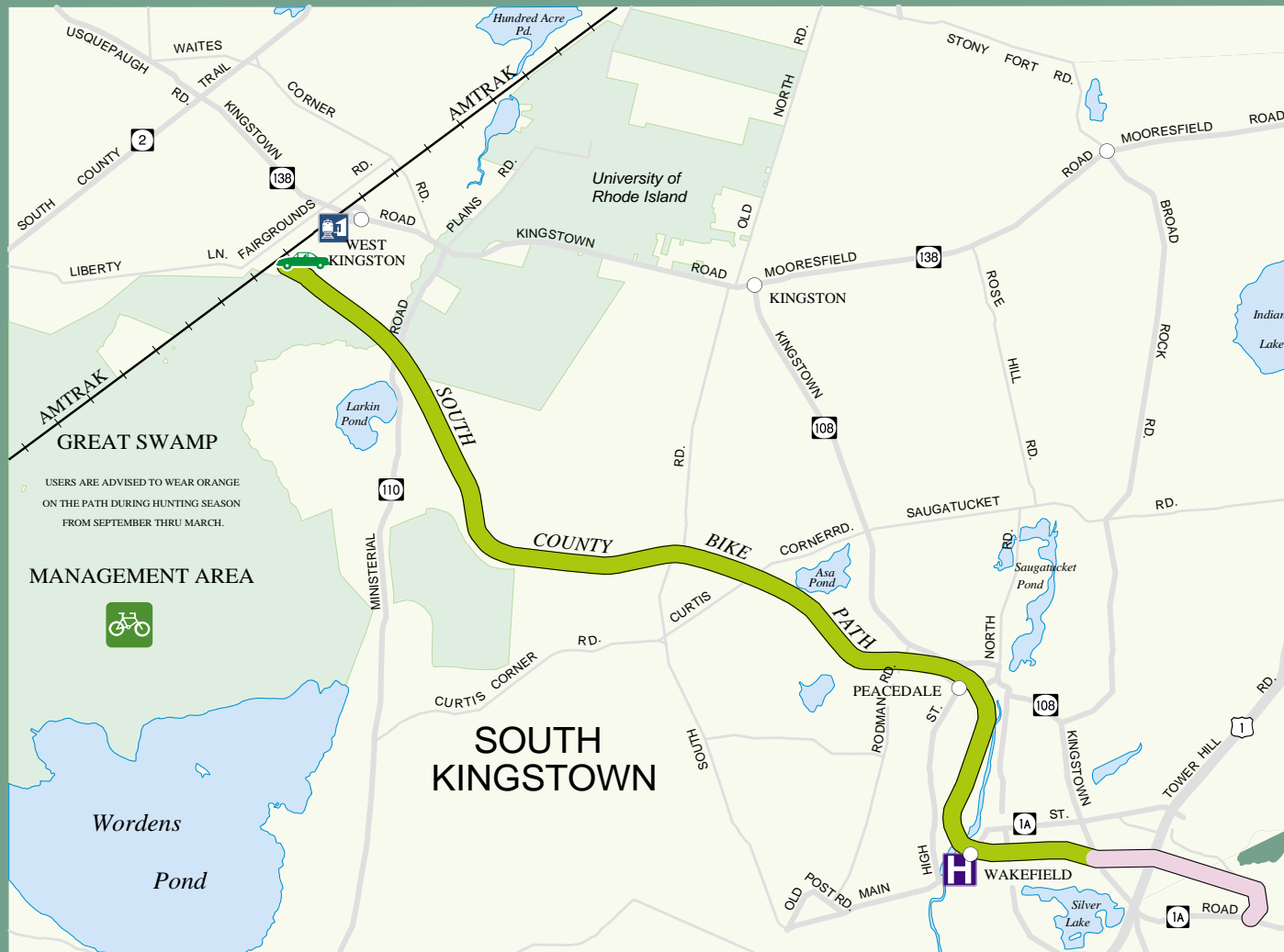


31-19-10. Lamps and other equipment on bicycles. Every bicycle when in use at night-time shall be equipped with a lamp on the front.



31-23-51. Earphones and headsets prohibited. A person shall not ride a bicycle upon any roadway while wearing earphones or a headset, subject to a fine.

For a complete listing of Rhode Island Bicycle and Pedestrian Laws you may visit the R.I. General Assembly web page at <<http://www.rilin.state.ri.us>> and click on the Search Utilities link at the bottom of the page.



South County Bike Path

Kingston Station to Peace Dale (4 miles). Parking available at Kingston Intermodal Station, off Route 138 in West Kingston. Directions - I-95 Exit 3 to Rte. 138 EB to Kingston Station in West Kingston.

Welcome to Rhode Island!

One of the most enjoyable and healthy ways to tour the Ocean State is by bicycle. Throughout the state, former railroad tracks have been transformed into beautifully scenic bike paths. As the smallest State in the Union, nearly every corner of the Rhode Island is accessible to pedestrians, bikers, skaters, and strollers.

As we look to the future, Rhode Island's system of four independent bike routes will become even more integrated, enabling cyclists to travel from Woonsocket in the northern part of the state, all the way to Narragansett in South County. Visitors to Newport, the world-renowned City by the Sea, can cycle along Ocean Drive, passing historic mansions such as The Breakers. This combination of nature, history and culture offers touring cyclists a distinctive Rhode Island vacation.

Rhode Island hopes this guide to the state's bike paths proves a useful resource, whether you are a resident bike commuter or a touring cyclist. Our goal is to make bicycling part of a pleasant vacation experience, as well as a practical commuting option. Have a safe and enjoyable journey through the Ocean State!



Donald L. Carcieri, Governor

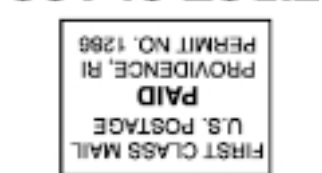
James R. Capaldi, P.E.
Director of Transportation

The Guide to Cycling in the Ocean State 2003 is produced by the Rhode Island Department of Transportation with the assistance of the Federal Highway Administration, in the interest of encouraging bicycle transportation within Rhode Island, the Ocean State.



James R. Capaldi, P.E.
Director

FIRST CLASS



Rhode Island Department of Transportation
Two Capital Hill
Providence, RI 02903-1124

Guide to Cycling in the Ocean State 2003

